



Illness

§112.31 Hygiene

Workers with illnesses can contaminate produce without realizing it. A sick worker rubbing their eyes, nose, or mouth contaminates their hands and then all the produce they've handled.

Illness includes symptoms such as vomiting, nausea, sneezing, coughing, stomach cramps, diarrhea, fever, joint aches, and fatigue. Visitors and workers with these symptoms should not be allowed to work with produce.

Ill workers must not handle produce.

Talk with your supervisor if you are feeling ill or if you notice another worker appearing ill.

Contaminated produce from vomit, sneezing, or coughing must not be harvested. If contaminated produce is placed in a container with other produce, the entire contents of the container must be disposed of.

Common symptoms of foodborne illness include bloody stools, fever above 102 °F, vomiting, dehydration, and diarrhea for more than three days. See a doctor if you have these symptoms.